

LESSON NOTE ON ENGLISH LANGUAGE WEEK 5

**SUBJECT:** English Language  
**TOPIC:** Vocabulary Development: "Diet and Nutrition"  
**CLASS:** JS1  
**WEEK:** 5

Vocabulary is an explained collection of words of a particular field or prepared for a specific purpose often for learning. It can also be the collection of words a person knows.

Vocabulary of diet and nutrition

Consumed

Balanced

Taboos

Domestically

Unprocessed

Deficiency

Solid

Saturated

Metabolism

Intestine etc