

**CLASS:** SS2  
**SUBJECT:** GOVIC  
**TOPIC:** DRUG AND DRUG ABUSE  
**WEEK:** 4  
**TERM:** SECOND

### **DRUG AND DRUG ABUSE**

Drug is a chemical preparation used for **diagnosis, prevention** or **treatment** of diseases or ailments. However, a drug can be defined as any chemical or biological substance which when taken into the body by any means, changes the function of the body or behavior of the person/user.

Drug Abuse refers to the use of drugs, especially by self-administration of any drug in manner that **deviates** from an **approved medical or social pattern** within a given culture or society.

#### Different Forms Of Drug Abuse

1. Taking medicine without Doctor's prescription.
2. Taking drugs beyond doctor's prescription.
3. Taking fake expired and wrong doses of drug.
4. Smoking excess cigarettes at a time and drink excess alcoholic drinks.
5. Frequent taking of substances like coffee, pain killing drugs, kola nuts etc.

#### Types Of Drug That Can Be Abused

1. Hard drugs: Are very strong and powerful drugs like heroin, morphine, cocaine etc.
2. Soft drugs: Are not strong as the hard drugs but affects the mind and body- example is marijuana.
3. Recreational drugs: People take these drugs for pleasure. Drugs like alcohol, tobacco, caffeine, Nicotine etc.
4. Performance enhancing drugs: These are drugs sportsmen and women take illegally in order to improve their performance. They use drugs like steroid,

amphetamines, methylphenidate etc. Most times sportsmen are subjected to drug test to show if they have taken such drugs.

### Reasons Why People Indulge in Drugs

1. **Peer Group Pressure:** The desire to be accepted among friends or in social circles.
2. **Social Pathologies** such as employment and economic frustration.
3. **Emotional and Psychological stress** e.g, Anxiety, depression and low self-esteem.
4. **Environmental influence** from family, school, work place, neighborhood or community.
5. **Adverts** in the mass media.
6. To enhance performance.
7. Occupational predisposition.

### Some Behaviours of Drug Addicts

1. Body odour, lack of Appetite.
2. Disobedience to parents and authority.
3. They are always intoxicated and most time walk in a Zigzag manners.
4. Aggressive, hostile and easily infuriated.

### Effects of Drug Abuse

- I. Damage to the brain and liver.
- II. Heart and drug disease.
- III. Irregular heartbeat.
- IV. High blood pressure.
- V. Aids and other STD.
- VI. Loss of self-control.
- VII. Nervous breakdown.
- VIII. Lung cancer.
- IX. Impotent.
- X. Damage to unborn babies.
- XI. Kidney problem.
- XII. Poor blood supply and circulation.
- XIII. Premature death etc.

## **ASSIGNMENT**

Mention three other substances that is abuse in recent times.

Some examples of Hard and soft drugs below:



**methylphenidate**



**Amphetamines**



**Cannibis**



**Cocaine**



**Nicotine**



**Steroid**



**Caffeine**



**Alcohol**