

**CLASS:** SS1  
**SUBJECT:** CHRISTIAN RELIGIOUS STUDIES  
**TOPIC:** HUMILITY  
**WEEK:** 5  
**TERM:** SECOND

## **HUMILITY**

Humility is State of being humble meek, lowly and modest in your actions and inactions. A humble person is not arrogant; he is modest in everything he does. Humility is one of the attributes of a good Christian. Hence, among the apostles, Paul and Peter made remarkable teachings on this.

### **ST. PAUL TEACHING ON HUMILITY (PHILIPPIANS 2:1-11)**

St. Paul in his epistle to the Philippians stressed the need for a sense of humility among the church members. As at the time Paul wrote the message, **great disunity** existed among the church members as a result of lack of humility. Paul therefore, advised them to be in harmony and not do anything out of selfishness or conceit. They should not be self-centered. They should consider the interest of other above their own.

Paul used the **case of Jesus Christ** to show them what humility is all about. He said Jesus was in the form of God but he did not count Himself equal with God. He took the form of an ordinary servant and was born in the likeness of man. In the human form, he humbled himself and become obedient unto death, even the death on the cross which was considered as one of the worst forms of death. For this reason, he said:

*“God has highly exalted him and given him name which is above every name, that at the name of Jesus every knee should bow in heaven and on earth, and under the earth and every tongue confess that Jesus Christ is lord, to the glory of God the father.*

## **PETER'S TEACHING ON HUMILITY**

**(1 PETER 5:1-11)**

Peter also gave words of exhortation to Christians, especially the youths. He advised the youths to be loyal to their elders and clothe themselves with humility. This is because God oppose the proud but gives grace to the humble. People should therefore, humble themselves under the mighty hand of God so that in due time, He might exalt them. Christian should cast all their anxieties on God, for He cares for them. They should be sober and watched for Satan, the adversary, who prowl around like a roaring lion, seeking for who to devour.

In essence, according to Peter, Christian should resist Satan at all cost, knowing fully well that suffering and temptation are part of the things a Christian might have to pass through. If they are able to endure these with humility, the God of all grace who has called them to His glory in Christ would restore, establish and strengthen them.

## **HOW CHRISTIANS EXPRESS HUMILITY**

Christians demonstrate humility in their life by:

1. Respecting themselves and others.
2. Rendering selfless service to the society they belong to.
3. Showing love to the needy.
4. Showing forgiveness to others who might have offended them.
5. Ensuring peace and harmony in the society in which they belong
6. Being law aiding
7. Contributing to the welfare of the society.
8. Resisting violence against opposition.
9. Being active in preaching the gospel.
10. Christians should perform their civil responsibilities.

### **Assignment**

Narrate how God humbled Nebuchadnezzar.